

Research Journals

Activity #1: Academic advisor meeting

Date: October 11, 2016

I attended the group advising session for nursing. It took place in a computer lab, where my advisor and her assistant presented about the requirements for the major and told us which classes to sign up for. She walked us through the Interactive Degree Audit found in E-Services so that we can track our progress in meeting the required goal areas for graduation.

This event was significant because it gave me a solid plan for spring semester. I found out that I have 8 free credits from passing an AP exam, so that takes the pressure off when it comes to staying ahead of my credits. I feel much more confident in my future here at MSU, and now I can begin to fulfill my credit requirements to become a competitive applicant in the nursing program. Based on the number of advising sessions being held, I learned that I have a lot of competition in this field. It will not be easy to get into the program, but this session helped me to find out where I'm at as far as academics go, and I am motivated to be one of the forty students admitted to the program each semester.

Activity #5: Research Competency

Activity - URC Guest Speakers

Date: October 31, 2016

My research experience came from our class on October 31, when we had a guest from the URC come in and talk to us along with a panel of undergraduate students who are currently doing research.

This class time really stood out to me because prior to that time, I was under the impression that research was something that scientists did in labs, or that people did when they wanted to invent something or discover some sort of scientific breakthrough. However, this is not my mindset now. The guest speaker from the URC showed me that research can be done no matter your major, and that it can happen as soon as you want it to. She made it clear that anyone can do research, especially with the funding and support that is available through the URC. The student panel was impactful as well because I got to see the effect of research on undergraduates who are no different than me. In addition, they showed me that you can conduct literally any type of research despite your major, and that is very good to know as I begin to explore my research options here at MSU. I was encouraged by one of the girls sharing that she originally thought that the idea of research was scary and intimidating, because I feel the same way about it right now. It's good to know that I'm not alone in feeling like I'm not qualified to do research, because she showed me that people who are afraid of research at first are the ones who end up conducting great research later on.

	<p>For my personal leadership experience, this class time was very beneficial. It got me to start thinking about possible research topics to turn into a project farther down the road. I am very excited to see where my future in research is headed.</p>
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