Name: Emily Lyon Year: Sophomore Field: Nursing

Second Language: Spanish

My personal learning plan for the 2017-2018 academic year includes the following goals and activities.

1. Leadership

- a. I will develop my leadership skills in my new role as Copy Shop supervisor for University Printing Services
 - i. Demonstration: I will demonstrate the leadership skills I have gained through this job by using them in my future career as a nurse. I will reflect on difficult times in my job and how I worked through them.
- b. I will also develop my leadership skills by finding another campus organization in which I can be involved. Possibly RHA.
 - i. Demonstration: I will demonstrate the leadership skills I have gained however I choose to get involved by being intentional about using that experience to push myself to be a better leader.

2. Research

- a. I will begin to develop a research project based on a topic that sparks my interest.
 - i. Demonstration: I will demonstrate this by starting to draft a research study based on something that I am currently learning. I want to take my time to find something I'm passionate about to study (possibly heart/cardiovascular function) and incorporate that into a project. This will take time, as I am heavily focused on getting into the nursing program.
- b. I will also start looking for a faculty member who can help me with my research and hopefully will be willing to invest their time into something like an undergraduate's research.
 - i. Demonstration: This part of my learning plan will take some time, so as far as demonstration goes, I will actively seek out a faculty mentor when I have a better idea of what I want to research. Once I find this mentor, I will meet with him/her and write a reflection on our meeting and publish it in my e-folio.

3. Global Citizenship

a. I will develop my global citizenship skills by looking for cultural events that are happening on campus. Studying abroad was my previous plan for this competency, but I found that I do not have the time or financial means to do this. I decided to focus on getting the best cultural experience that I can while on campus, I want to take advantage of the fact that this campus is extremely diverse.

- i. Demonstration: I will demonstrate this by attending events when I am able, and writing reflections about these for my portfolio.
- b. I will also develop my global citizenship skills by completing my Introduction to Multicultural and Ethnic Studies course at the end of fall semester.
 - i. Demonstration: I will demonstrate my global citizenship skills in this class by showing what I have learned through my performance on exams and projects in the class. I will include links to my essays in my e-folio.