

GEOG 103

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January 14, 2017

“The Power of Transcultural Nursing” was the first video I watched. I learned a lot about the Puerto Rican/Caribbean Hispanic culture through watching this video. The topics discussed in this video will be of value in my future career because I feel that I have a better understanding of how to approach these types of situations in my job. For example, I now have an idea of what to do when trying to figure out how to encourage my patient to take his/her prescription medications. Knowing that it is vital to not only acknowledge, but respect the unique values of my patients, I will be able to increase patient satisfaction and still do my job without compromises. In addition, the video taught me that the patient’s family will likely be involved in healthcare decisions and treatment. This will benefit my career because I will have the opportunity to learn how to involve multiple people in my patients’ care plans, and I will develop the skill of accommodating more people’s needs and opinions than those of the patient.

The second video I watched was “Competent vs. Incompetent Cultural Care” and I found some parts of it valuable, but most of the video was exaggerated to the point where I could not imagine anyone treating a patient that way. I am aware that it could happen though, and that’s why this video is important. This video shows me what not to do in my future career, because it is very possible that acting in the same manner as the incompetent nurse would have me out of a job very quickly. I also learned from the video that the definition of culture goes beyond race, religion, or ethnicity. Culture can also be described as how people identify, and this can include

the LGBT community. I was especially disturbed by the scene with the nurse giving the birth certificate to the two mothers because the nurse was so insensitive and unaware that she was offending the couple. Overall, I found both videos to be very valuable and I am certain that I will remember the topics covered and use them in my nursing practice.